Liz's Chicken Sopas



- 250g chicken thigh, shredded
- 1 cup green cabbage, sliced
- 3 stalks celery, chopped
- $\frac{3}{4}$ cup carrots, diced
- 1 cup evaporated milk
- 1¹/₂ cups elbow macaroni

- 2 teaspoons minced garlic
- 1 onion
- 1 to 2 chicken cubes
- 6 to 8 cups water
- 3 tablespoons cooking oil
- Salt and ground black pepper
- 1. Boil the macaroni until al dente then set aside.
- 2. Sauté the garlic and onion, then add the chicken and sauté until golden brown.
- 3. Add the water and chicken cubes.
- 4. Once its boiling add the celery and carrots.
- 5. After 2 minutes, add the cabbage and the boiled macaroni.
- 6. Once it's boiling after 3 minutes add the milk and salt & pepper to taste.